

Susanne Kallanvaara

# Leadership Training for Young Leaders Self-leadership skills

## Which leader do you choose?

Look at the descriptions of the three personalities below.

Discuss which leader you would choose for an important position in your organization and why?



### Questions for discussion.

- 1. What qualities does a good leader need?
- 2. Why are these qualities necessary?

- 1. The applicant has worked with politicians who bend the rules and the person often takes the advice of an astrologer. The person has had two lovers out of marriage and drinks eight to ten Martinis a day.
- 2. The applicant was expelled from university on two occasions and was arrested for smoking pot during his adolescence. The person loves to sleep in every morning and drinks half a bottle of whiskey every night.
- 3. The applicant has received a medal for bravery of honour. The person is a vegetarian, doesn't smoke, only drinks a few beers and has never had any love affairs.

### When the cat is away the mice will play!

- 1. How is the atmosphere affected?
- 2. How does the behaviour of your colleagues/friends change?
- 3. Do you still follow the rules? If not which rules do you change?
- 4. Does anyone take over the leadership in the group?
- 5. Is there a snitch in the group?





# When you need to make an important decision as a leader:

- 1. Who do you turn to?
- 2. What can the person say that will have an effect on your decision?
- 3. How can you as a leader affect your companions in a positive way?
- 4. Describe a situation where you can have a negative effect on your companion?

# Discuss what you do as a leader in the following situations?

- 1. If someone question your right to be a leader
- 2. If someone tries to take away your power
- 3. If someone treats another group member in a bad way
- 4. If your companions/friends feel threatened or scared and expects you to deal with it.
- 5. If someone is lazy in your work group
- 6. If someone gets romantically involved with another group member
- 7. If someone thinks you have favorites as a leader.





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